

1. You wake up one day and find yourself in another person's body. How is this person's daily routine different from your own? Would you be able to adjust to this new life? Why or why not?
2. How do you feel when you drive? Now how would that change if you were stuck in traffic or on an empty highway?
3. What's your favorite app and why?
4. What is your worst habit? Why do you continue to do it? How does the habit make your loved ones feel?
5. If you could laugh at yourself for one thing you did the past week, what would it be?
6. What is holding you back?
7. What do people do that aggravates you the most?
8. Who will benefit from your story?
9. If your life was a reality show, what would it be called?
10. If you could do anything in the world right now without money or health being a restriction, what would it be? Why?