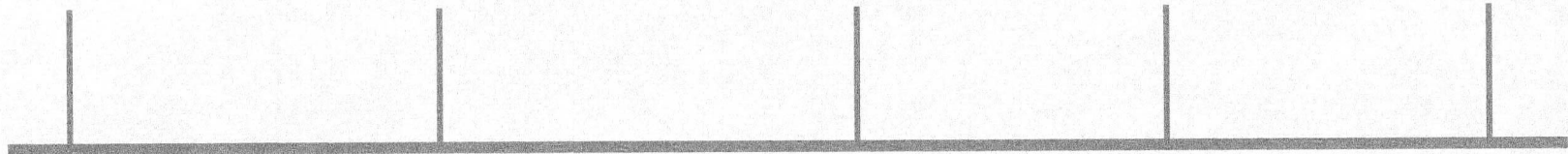


# WORKSHOP

## THE ART AND CRAFT OF THE PERSONAL STORY

Presented by Mary Lou Williams

# Memory Map



# People and Places

1. Think of all the people involved in your trouble and describe each person. What were their names? Ages? Use one word to identify them.
2. Which people play a large part in your story?
3. What characteristics about these people need to be noted or shared?
4. What time of year was it? What season was it? Are these important to your story?
5. Describe the setting, or places involved with your trouble.
6. Make note of detail. Appeal to the senses - sight, sound, smell, touch, taste

# CONFLICT OR TROUBLE

The conflict can be a struggle that is

## I. WITHIN YOURSELF -

1. AN ADDICTION,
2. AN ATTITUDE,
3. A FEAR,
4. A YEARNING
5. A SELF IMAGE

## II. WITH SOMEONE OR SOMETHING ELSE -

1. A PERSON,
2. AN ANIMAL,
3. THE WEATHER,
4. ILLNESS OR DISABILITY
5. A SOCIAL EVIL - RACIAL OR CLASS PREJUDICE
6. A MYSTERY OR PROBLEM TO SOLVE
7. A TASK TO ACHIEVE
8. A GOAL

The conflict is what creates suspense, which keeps the audience's attention and makes them want to know what happens next.

## CLIMAX OR TURNING POINT

The climax is the point where we know whether the main character (in this case, you) will succeed or fail in overcoming the trouble or conflict.

Everything up to this point is called the ascending action.

Everything that comes after this point is the descending action.

# THE RESOLUTION OR THE CONCLUSION

The resolution is the outcome or the result of the climax or turning point.

The resolution is the descending action.

The resolution is everything that comes after the climax. It is the conclusion.

It is usually short. It ties up the loose ends.

But it is not unimportant. A good ending leaves the audience satisfied.

# Life Lessons

1. With your trouble, do you wish you had done something, differently? What?
2. What will you, or someone else in your story do next time?
3. What advice would you give to someone else who got in trouble the way you did?
4. Did you make changes in your behaviors or attitude after the trouble? If so, why?
5. What were the consequences of getting in trouble? How did you “pay” for it?

# Summary

- Setting
- Characters
- Trouble
- Climax
- Resolution
- Lesson



# Story Box



# Story Box

